



પરિપત્ર:

ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટી સંલગ્ન આર્ટસ વિદ્યાશાખાનાં અભ્યાસક્રમ ચલાવતી તમામ કોલેજોનાં આચાર્યશ્રીઓને સવિનય જણાવવાનું કે આર્ટસ વિદ્યાશાખા હેઠળનો NEP-૨૦૨૦ અંતર્ગતનો હોમસાયન્સ વિષય (બી.એ હોમસાયન્સ વિથ ઓનર્સ) સેમેસ્ટર-૧ના અભ્યાસક્રમમાં રિવાઈઝડ પેપર સ્ટાઈલ (SOP, શિક્ષણ વિભાગ, ગુજરાત સરકારની ગાઈડલાઈન્સ પ્રમાણે) જેની સાથેનો ૨૦૨૩-૨૪નો અભ્યાસક્રમ આ સાથે સામેલ છે. જે આપને વિદિત થાય.

માનનીય કુલપતિશ્રીની મંજૂરી અનુસાર સદર અભ્યાસક્રમ શૈક્ષણિક વર્ષ જુન, ૨૦૨૩ થી અમલવારી કરવાની રહે છે. આર્ટસ વિદ્યાશાખાનાં અભ્યાસક્રમ ચલાવતી તમામ સંલગ્ન કોલેજો ધ્વારા તેની અમલવારી કરવા જણાવવામાં આવે છે.



[Signature]
10/09/2024
ખાસ ફરજ પરના અધિકારી
(એકેડેમિક)

ક્રમાંક/બીકેએનએમયુ/ એકેડેમિક/૧૨૧૨/૨૦૨૪

ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટી,

સરકારી પોલીટેકનિક કેમ્પસ,

ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટી રોડ,

ખડીયા, જૂનાગઢ-૩૬૨૨૬૩

તા.૧૦/૦૯/૨૦૨૪

પ્રતિ,

- ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટી સંલગ્ન આર્ટસ વિદ્યાશાખાનાં અભ્યાસક્રમો ચલાવતી તમામ કોલેજોના આચાર્યશ્રીઓ તરફ....

નકલ સાદર રવાના:-

- માન.કુલપતિશ્રી/કુલસચિવશ્રીનાં અંગત સચિવશ્રી.
- પરીક્ષા નિયામકશ્રી, ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટી, જુનાગઢ

નકલ રવાના જાણ તથા યોગ્ય કાર્યવાહી અર્થે:

- સીસ્ટમ મેનેજરશ્રી, આઈ.ટી.સેલ વિભાગ (વેબસાઈટ ઉપર પ્રસિદ્ધ થવા અર્થે.)



BHAKTA KAVI NARSINH MEHTA UNIVERSITY JUNAGADH



BOARD OF **HOME-SCIENCE** STUDIES
FACULTY OF **ARTS**
SYLLABUS FOR
BACHELOR OF ARTS (HONOURS) PROGRAMME
(SEMESTER- I)
EFFECTIVE FROM JUNE, 2023

BHAKTA KAVI NARSINH MEHTA UNIVERSITY, JUNAGADH**FACULTY OF ARTS**

SUBJECT: B.A HOME SCIENCE

No.	Core/Elective/ Ict.	Name of Course	Credits	IM	EM	TM	Course/ paper Code
1	MAJOR-1	Home Management - 1	04	50	50	100	
2	MAJOR-2	Fundamental Food & Nutrition-1	04	50	50	100	
3	MINOR-1	Home Management - 1	04	50	50	100	
4	MD/ID-1	Home Science Extension Edu. & Rural Development	04	50	50	100	
5	AEC-1	Language-1 Gujarati, Hindi, Sanskrit, English	02	25	25	50	
6	SEC-1	Applied Art & Design	02	25	25	50	
7	VAC-1	IKS (Separate syllabus is uploaded on university website)	02	25	25	50	
Total			22				

Preamble

Home science is an interdisciplinary subject in nature it covers many subjects and are as, there for it contributes a lot in the development of an individual society and nation by way of holistic grooming of the students. It provides skill and knowledge it inculcates a sense of familial and social responsibility. It also assesses scientific temper and approaches in students in modern era, home science has become a triangulation of science, social science and technological skill. There or Home science curriculum has been prepared keeping teaching, rehearsal and extension activities in view.

In the field of higher education home science attains utmost importance to words – individual's dynamic relationship with his/her family, society and nation, In present scenario, Home science empowers students socially and economically by offering various programmes live capacity building skill and technological aided task, In this way, Home science promotes enter entrepreneurship and a sense of social responsibility. The youths do not remain merely job seekers, but they also become job givers. The students achieve and impart employment and expertise respectively in various spheres like education and child development, dietetic practice, environment, strategic, planning, and communication technology, fashion designing, interior decoration etc. The students are expected to understand and assimilate principles of all the also resaid domains. The syllabus has been designed following UGC model curriculum of home science.

The objectives of the B.A. Home Science General course. are Follows:

- To inculcate virtues of effective management and leadership rules.
- To Develop a scientific approach and temper.
- To enable students to understand and appreciate the role of interdisciplinary sciences in development and betterment of individual, families and societies.
- To empower the students economically and socially.
- To promote enter entrepreneurship in fashion designing. Food and nutrition. Textile, communication technology among others.
- To learn about the sciences and technologies that enhance quality the life of people.
- To take science from the laboratory to the people

Bhakta Kavi Narsinh Mehta University
Syllabus of Bachelor of Arts as per NEP
Effective from June 2023
Subject: B.A HOME SCIENCE

Course Level	U.G	Teaching Hours	75
Programme	B.A Home Science	Internal Marks/ Practical Marks	50
Semester	I	External Marks	50
Course Type	Major/Minor -1	Total	100
Course title	Home Management - 1	Exam Duration	2:00 Hrs.
Credit	04	Practical Exam Duration	-
Course Code	DSCM-1		

COURSE OBJECTIVES:

- To create an awareness among the students about home management in the family as well as the other systems.

COURSE OUTCOMES:

- Understand the significance of management process in efficient use of resource.
- Inbibe nuances of human value and standard for successful management and decision making.
- Recognize the importance of wise use of resource in order to achieve goals.

COURSE CONTENTS		
Units	Title of the Unit and the Topics	No. of Lectures
Unit 1	Introduction to home management • Definition and Importance of home management • Role and responsibilities of a good home maker. • Attributes of a good home maker. • Principles of home management.	15
Unit 2.	Process of home management A. Planning 1. Definition of planning 2. Importance of planning 3. Steps of planning B. Controlling 1. Steps of Controlling 2. Steps of Success C. Evaluation 1. Importance of Evaluation • Types of Evaluation	15

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Unit 3.	Fundamental motives of Home Management - Value: Definition of value Types of value - Goals: Definition of goal Types of goals - Standard - Definition of standardtypes of Standards	15
Unit -4	Decision Making - Definition of decision - Importance of decision - Types of decision	15
Practical	- Poster making - Flower arrangement - Sewing various types of curtains.	15

REFERENCE BOOKS:

- 1) Iroma H. Gross, Elizabeth Grandall marjoris M. Knoll (1937): Management for modern families, prentice Hall, Mc, Englewood Cliffs, New Jersey(Unit: 1-8) paulena Nickell &
- 2) Jean Muir Dorsery - 1967 ^ Management in family living - 4th edition.
- 3) Mohinder K. Mann - 1980 Home management for Indian families 2nd edition.
- 4) Madhuben Thakkar - 1998 - Introduction to home management.
- 5) Nira Bhatnagar - 1989 - Home Management.
- 6) Dr. G.P. Shairy - 2000 - Household management and household art.
- 7) Dr. Smt. Kanti Pandey - 1984 -Home management ^ Dr. Asha Parik - 1988 -Home
- 8) management.
- 9) Dr. Smt. B.D. Harpalani - 2002 - Home management.

REFERENCE WEBSITES:

- 1) books.google.com/books/home-managment.in
- 2) [wiki.answers.com](https://www.wiki.answers.com)
- 3) www.google.resourcemanagment.in

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INTERNAL EVALUATION SCHEME		
NO	Particulars	Marks
1	Mid Semester Exam/ Practical Exam (Mandatory)	25
2	Class Test	05
3	Open book exam/test	05
4	Open note exam/test	05
5	Self-test/ Online test	05
6	Essay/Article writing	05
7	Quizzes/Objective test	05
8	Class assignment	05
9	Home assignment	05
10	Reports Writing	05
11	Research/Dissertation	05
12	Case Studies	05
13	Viva/Oral exam	05
14	Group Discussion	05
15	Role Play	05
16	Paper presentation/Seminar	05
17	Language Lab work	05
18	Interview	05
19	Craft work	05
20	Co-curricular work	05
21	Field Assignment	05
22	Poster Presentation	05
23	Attendance	05
24	Project Work	05
	Total	50

Note: Sr.No.1 is mandatory. Select any five from Sr.No.2 to 24. Each Contains five marks. Student should secure 18 Marks for passing in internal Exam.

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Effective from June 2023
Subject: B.A HOME SCIENCE

Paper Style

Ques. No.	Particulars	From which Unit	Marks
Que. 1	Question 1	1	10
	Or		
	Question 1		
Que. 2	Question 2	2	10
	Or		
	Question 2		
Que. 3	Question 3	3	10
	Or		
	Question 3		
Que. 4	Question 4	4	10
	Or		
	Question 4		
Que. 5	Write a Short Note. (2/4)	From Each Unit	10
		Total	50

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Effective from June 2023
Subject: B.A HOME SCIENCE

Course Level	U.G	Teaching Hours	75
Programme	B.A Home Science	Internal Marks/ Practical Marks	50
Semester	I	External Marks	50
Course Type	Major-2	Total	100
Course title	Fundamental Food & Nutrition-1	Exam Duration	2:00 Hrs.
Credit	04	Practical Exam Duration	-
Course Code	DSCM-2		

COURSE OBJECTIVES:

- Understand the concept of Food Nutrition, Nutrients, Health Nutrition

COURSE OUTCOMES:

- Gain Knowledge regarding RDA, functions source, deficiency and excess of micro and macro nutrients.
- To Develop the skills to protein, vitamin mineral rich diet and improve the health of family.

COURSE CONTENTS		
Units	Title of the Unit and the Topics	No. of Lectures
Unit 1	Classification, function, and sources of carbohydrates.	15
Unit 2.	Classification, function, sources, and deficiency diseases of proteins.	15
Unit 3.	Classification, function, and sources of fat.	15
Unit -4	Functions, sources and deficiency diseases of vitamins and minerals: • Vitamin B1, Vitamin-B12, Vitamin-C, • Vitamin-A, Vitamin-D, • Calcium, Phosphorus, Iron.	15
Practical	1) To prepare protein rich dish 2) To Prepare vitamin rich dish (Anyone) 3) To prepare mineral rich dish.	15

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REFERENCE BOOKS:

- 1) Swaminathan M.S. “Essentials of food and nutrition”-VI-1985
- 2) “Fundamentals of food and nutrition” -Nilam Bhudhhadev and Bhavna Vaid, Pravin PustakBhandar - Rajkot-2004
- 3) Food Science- CFTRI-Mysore
- 4) Williams S.R. “Nutrition and diet therapy” 4th edition 1989
- 5) Robinson C.H., “Normal and therapeutic nutrition” 17th edition 1986
- 6) Chintpalli Vidhya - “A text book of nutrition- Discovery publishing house – 2010
- 7) B.K. Bakshi - “Ahar Avam Poshan Vigyan” Agraval publishing
- 8) Dr. Snehlata “Nutrition status” Discovery publishing house- 2006
- 9) Sangita Gautam “Nutrition science” Shrishti book distribution – 2007
- 10) Chaney and Ross “Nutrition” Surgeet publication - 2007

REFERENCE WEBSITES:

- 1) <http://www.innvista.com/health/nutrition/amino/pclass.htm>
- 2) <http://wiki.answer.com/foodand nutrition.com>
- 3) <http://www.helthyvitamin.choice.com/fatwater-somble.html>

INTERNAL EVALUATION SCHEME		
NO	Particulars	Marks
1	Mid Semester Exam/ Practical Exam (Mandatory)	25
2	Class Test	05
3	Open book exam/test	05
4	Open note exam/test	05
5	Self-test/ Online test	05
6	Essay/Article writing	05
7	Quizzes/Objective test	05
8	Class assignment	05
9	Home assignment	05
10	Reports Writing	05
11	Research/Dissertation	05
12	Case Studies	05
13	Viva/Oral exam	05
14	Group Discussion	05
15	Role Play	05
16	Paper presentation/Seminar	05
17	Language Lab work	05

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18	Interview	05
19	Craft work	05
20	Co-curricular work	05
21	Field Assignment	05
22	Poster Presentation	05
23	Attendance	05
24	Project Work	05
	Total	50

Note: Sr.No.1 is mandatory. Select any five from Sr.No.2 to 24. Each Contains five marks. Student should secure 18 Marks for passing in internal Exam.

Paper Style

Ques. No.	Particulars	From which Unit	Marks
Que. 1	Question 1	1	10
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	Question 1		
Que. 2	Question 2	2	10
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	Question 2		
Que. 3	Question 3	3	10
	Or		
	Question 3		
Que. 4	Question 4	4	10
	Or		
	Question 4		
Que. 5	Write a Short Note. (2/4)	From Each Unit	10
		Total	50

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Subject: B.A HOME SCIENCE

Course Level	U.G	Teaching Hours	75
Programme	B.A Home Science	Internal Marks/ Practical Marks	50
Semester	I	External Marks	50
Course Type	Inter/Multidisciplinary	Total	100
Course title	Education Extension & Rural Development	Exam Duration	2:00 Hrs.
Credit	04	Practical Exam Duration	-
Course Code	MDC-1		

COURSE OBJECTIVES:

- Understand the widening concept of home science Education extension and rural development.

COURSE OUTCOMES:

- To enable the students to acquire the knowledge and skill required for holistic understanding of the field of Home science education.
- Understand the overall status of rural women in India.
- Social cultural factors affecting health & Nutrition of rural women.

COURSE CONTENTS		
Units	Title of the Unit and the Topics	No. of Lectures
Unit 1	Extension Education • Definition of meaning • Importance • Purpose	15
Unit 2.	Principles of Extension Education and Qualities of Extension Worker	15
Unit 3.	Health in Rural Development • Rural Women: Status and Development strategy • Health and Nutritional status in Rural India.	15
Unit -4	Rural development • Meaning and importance of village community • A factor inhibiting rural development. • Role of Home Science in rural development. • Necessity of schemes in rural development.	15
Practical	1) To prepare a sample of Worli Art 2) Preparation of best sample from waste 3) preparing low-cost nutritious dish	15

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REFERENCE BOOKS:

- 1) Devadas R.P.1958-The meaning of home science-Coimbatore.
- 2) Kinder J.S.1950 – Audio – Visual materials and techniques. New york
- 3) Mujibu Hasan Siddiqui – 2007-Teaching home science.
- 4) Dr.G.P.Shairy – 2007 – Home science education.
- 5) Dr.S.P.Sukhiya 1984 – Home science education.
- 6) Spat ford I.A.1948 – Functioning programme of home economics – New York, American book.
- 7) Sumita Jain – 2007- Various aspects of home science.
- 8) Anita Varma – 2007 – Home Science Education
- 9) Dipti Desai – 1992 – Home science Education.

REFERENCE WEBSITES:

- 1) Books.google.co.in/books
- 2) Books.google.com>House&Home>General
- 3) Socyberty.com>education.

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		Total	50